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# Basecamp

AYSO Program for 3, 4, and 5 Year Olds

Information Session

12 August 2014



# AYSO Background



- Formed in 1964 with 9 teams in Southern California.
- Today there are over 50,000 teams with almost 600,000 players in the US and abroad.
- *AYSO is the world's largest soccer club!*
  - *Our region is the largest soccer club in Iowa*



# AYSO Program



- Vision
  - To provide world class youth soccer programs that **enrich children's lives.**
- National Web Site
  - [www.ayso.org](http://www.ayso.org)
- Local Web Site
  - [www.ayso-cr.org](http://www.ayso-cr.org)
- Mission
  - To develop and delivery quality youth soccer programs, which promote **a fun, family environment** based on the AYSO philosophies.
- AYSO is an all volunteer organization
  - Parental participation is expected



# AYSO Philosophies



- **Open Registration**
  - No Tryouts
- **Everyone Plays™**
  - At least half of every game
- **Balanced Teams**
- **Positive Coaching**
- **Good Sportsmanship**
- **Player Development**



# Our Commitment



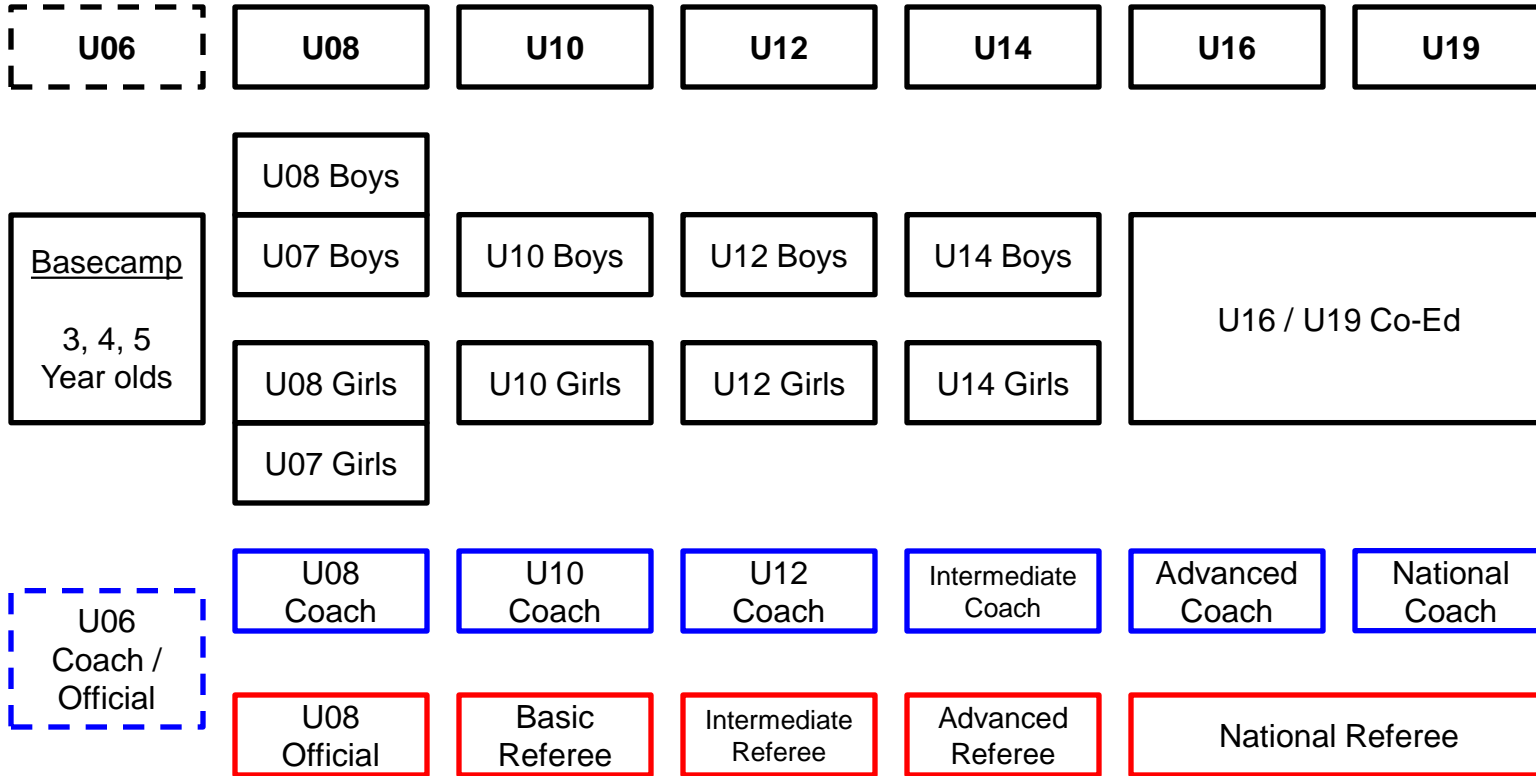
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- All AYSO volunteers will
    - Register every year
    - Take the “AYSO Safe Haven” course
    - Take the training appropriate for their job



# AYSO Overview



East Central Iowa



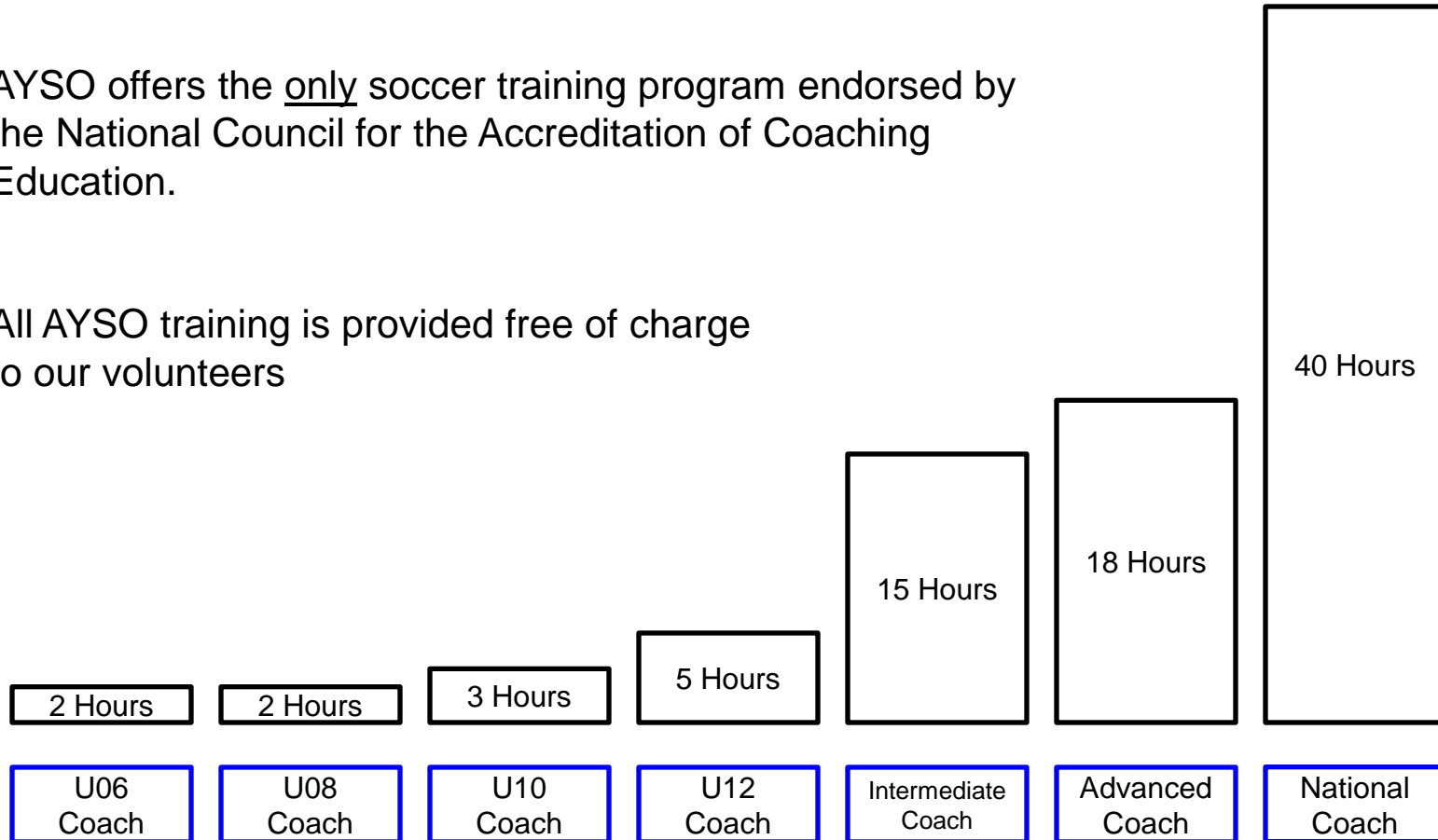
AYSO Region 1112  
East Central Iowa



# Coach Training



- AYSO offers the only soccer training program endorsed by the National Council for the Accreditation of Coaching Education.
- All AYSO training is provided free of charge to our volunteers

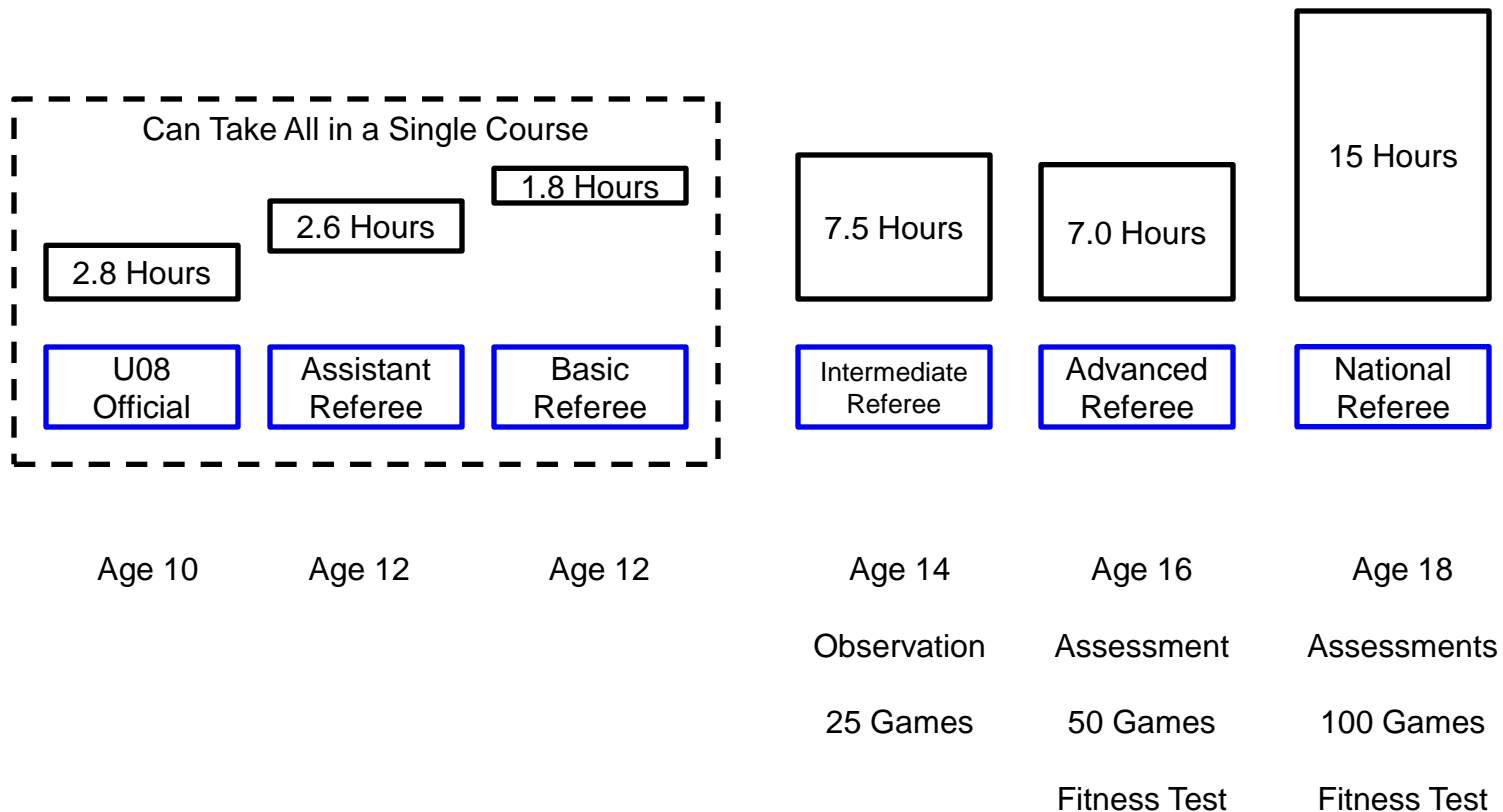




# Referee Training



- Players can take the ref courses and officiate younger games
  - All players, parents, and coaches are encouraged to take the Basic course







# Famous Alumni



- US Men's National Team

- Carlos Bocanegra
- Brian Ching
- Landon Donovan
- Eric Wynalda

- US Women's National Team

- Shannon Box
- Julie Foudy
- Alex Morgan
- Amy Rodriguez

See what they have to say at <http://www.ayso.org/aboutayso/alumni.htm>



# Who Can Play?



- Any player age 4 through 18
  - Age groups are determined by the players age on 31 July 2014
  - Players remain in their age group for the entire year
- We also have a Very Important Player (VIP) program for players with physical or mental disabilities
  - This program is also open to adults



# AYSO Program



Division	Players	Duration	Field Size	Emphasis
U19	11 v 11	90 min.	75 yd x 120 yd	Tactical Development
U16	11 v 11	80 min.	75 yd x 120 yd	
U14	11 v 11	75 min.	75 yd x 120 yd	
U12	9 v 9	60 min.	50 yd x 100 yd	Technical Clean Up
U10	7 v 7	50 min.	40 yd x 80 yd	<u>Discovery</u> of Basic Principles
U07 & U08	5 v 5	40 min.	30 yd x 50 yd	
Basecamp	3 v 3	20 min.	15 yd x 30 yd	



# Other Opportunities



- As the players get older they can also participate in tournaments
- Regional Playoffs
  - All older teams, (U10 and higher), finish the season with a tournament the first weekend of June
- Other Optional AYSO Tournaments
  - Area tournament every June in Dubuque
  - Section tournament every June in Chicago
  - National tournament every other July at some national location
    - Our region had two teams in the 2014 Games in Los Angeles



# Basecamp



- AYSO Basecamp is the new program for 3, 4, and 5 year olds
- Playground (3, 4 or 5 year olds)
  - Emphasis on individual Fundamental Motor Skill (FMS) development
- Schoolyard (4 or 5 year olds)
  - Build up from FMS to 1 v 1, 2 v 2, and finally 3 v 3
- Jamboree (5 year olds)
  - Combination of activities and 3 v 3 games
- All programs are “group, one with one” format
  - All players in the age group meet at the same time, and must bring an adult practice partner with them



# Newest Program



- Playground
  - Primarily for 3 year olds, but 4 or 5 year olds can elect to play here
  - Focus on developing Fundamental Motor Skills, not soccer
- We do not plan to offer a separate Playground session this Fall, but are gauging interest
  - If you would like to participate, let us know



# 4 & 5 Year Olds



- Schoolyard
  - Primarily for 4 year olds, but 5 year olds can elect to play here
- Meets 45 – 60 minutes per week
  - First half is a combination of skills, drills, games, ...
  - Last half is a soccer game vs other players
    - Instead of jumping into 3 v 3 the first week, we play 1 v 1 then 2 v 2
- Jamboree
  - For 5 year olds only
- Meets 60 minutes per week
  - First half is a combination of skills, drills, games, ...
  - Last half is a 3 v 3 soccer game vs other players
- *This is a transition year for AYSO, most 5 year olds will still be playing the older “team” format*



# Basecamp Games



- Play no more than 3 v 3
  - Size 3 Ball
  - Four 5 minute quarters
  - No goal keepers
- Fouls & Misconduct
  - All kicks are DIRECT with opponents 5 yards back
  - No offside
  - No penalty kicks
  - No heading
    - Award Direct Free Kick to Opposing Team
- Let Them Play!
  - There will be very few, if any, reasons to stop the game
  - No stoppage for any “technical” errors
    - Incorrect throw in form, incorrect goal kick, ...
  - Stop only for fouls, or injuries





# Soccer Gear

## What to Buy

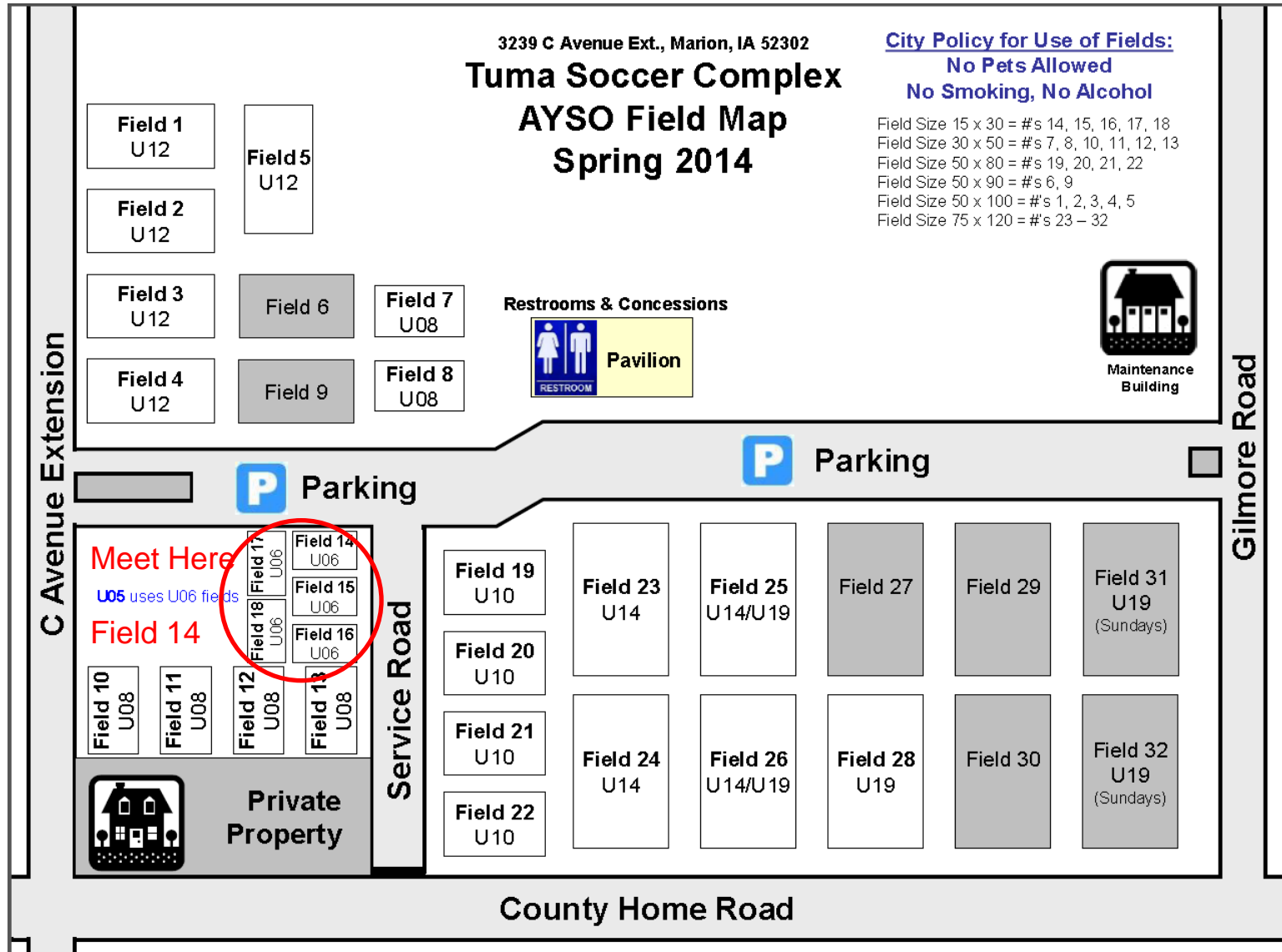


- Players
  - AYSO Provides
    - Shirt (AYSO Jersey)
      - Wear more clothing underneath the jersey if its cold.
  - Parents Provide
    - Shorts
    - Shin Guards
      - Mandatory
    - Shoes
    - Socks
    - Soccer Ball (Size 3)
    - Water Bottle
- Parents
  - No dress code, just be sure the adult partner is able to participate in drills and kick a soccer ball
    - If you have to watch younger children as well make sure you have a plan on how you will do both at the same time
  - **Not allowed for players:**
    - Jewelry, earrings, etc.
    - Casts
      - Even if padded



# Field Map

## Where to Meet





# Game Schedule

When We Play



- All Schoolyard Sessions will be on Saturday mornings.
  - September 06, 13, 20
    - But not September 27<sup>th</sup>
  - October 04, 11, 18, 25
  - November 01
    - Girls will meet from 8:00 – 9:00 am
    - Boys will meet from 9:15 – 10:15 am
      - We will reverse these times in the Spring with boys meeting at 8:00.
- AYSO will cancel games via the web site ([www.ayso-cr.org](http://www.ayso-cr.org)) if the weather is bad. Parents will not be called.
  - It will feel much colder on the field than it will in town, so dress appropriately.



# Contact Info



- Our primary means of communication will be via email or the local AYSO web site.
  - [u05boys@ayso-cr.org](mailto:u05boys@ayso-cr.org)
  - [u05girls@ayso-cr.org](mailto:u05girls@ayso-cr.org)
  - [www.ayso-cr.org](http://www.ayso-cr.org)
- Schoolyard Program Coordinators
  - Alan Tribble
    - AYSO National Coach
  - Jim Conklin
    - AYSO Advanced Coach



# Other Info



- Photo Schedule
  - We'll take group and individual photos right before / after one of our Saturday sessions
- Shutterfly Site
  - Everyone will get an invitation via email next week
  - The site will send you an email reminder before each game
- Snack Fund
  - Request \$10 per session, Spring and Fall
- Parent Helpers Needed
  - Please register as an AYSO volunteer
- Before you leave
  - Check your email address, and pick up your jersey



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# ANY QUESTIONS?